

## BETH ISRAEL DEACONESS CARE ORGANIZATION REMAINS TOP PERFORMING PIONEER ACO IN MASSACHUSETTS

*CMS results show BIDCO saved \$17.3 million while improving health care quality*

WESTWOOD, MA – The Pioneer Accountable Care Organization (ACO) at Beth Israel Deaconess Care Organization (BIDCO) improved care quality and effectively managed cost trends for the second straight year. BIDCO’s performance was the best in Massachusetts and third among Pioneer ACOs nationally.

BIDCO saved four percent of its budget for patient care, generating \$17.3 million in savings for the Pioneer ACO initiative sponsored by the Centers for Medicare & Medicaid Services (CMS) Innovation Center. These results equate to \$10.6 million in shared savings for BIDCO providers who share accountability for patient care within a budget with CMS.

“BIDCO’s results reflect the commitment of our physician and hospital members to work collaboratively to improve clinical integration and create effective programs for medically complex, Medicare patients,” said Christina Severin, BIDCO President and CEO. “I’m proud to deliver on BIDCO’s founding principle to provide the highest quality of care at affordable, sustainable rates.

Looking forward, we remain committed to the Triple Aim — improving patient experience of care including quality, improving population health, and reducing cost — by continuously looking for new opportunities and partnerships to innovate health care and deliver success.”

BIDCO achieved significant savings as a result of its performance on important quality measures for Medicare patients, including health outcomes and patient experience. Program results show BIDCO:

- Nearly doubled the rate of performing fall risk assessments, which assesses the likelihood that a patient may fall due to environmental or health factors, and is a proven tool in reducing rates of falls and subsequent health issues — far exceeding the average Pioneer ACO performance
- BIDCO’s spending on inpatient services decreased by 2% from 2012 to 2013 — a more rapid pace than national performance, which only decreased slightly (.02%)
- Improved the rate of its Pioneer patients with diabetes who have blood sugar levels in good control, approaching the best possible performance among all Pioneer ACOs
- Tripled the number of patients who received screenings for depression symptoms using a standard tool for assessing mental health status; early intervention for patients who show signs of depression is critical as depression has been shown to increase mortality among patients with certain other medical conditions such as heart disease

Dr. Alan Abrams, MD, BIDCO Medical Director for Pioneer ACO and geriatrician, credits BIDCO’s truly integrated network of physicians and hospitals as a key factor in the ACO’s success. “Providing high-quality, efficient health care requires engagement across the care continuum. When doctors and



hospitals align with a shared commitment and work in a 50-50 partnership, health outcomes, care quality, and patient experience improve and cost goes down.”

In 2011, BIDCO was named one of only 32 provider organizations across the country chosen to work with CMS to provide Medicare beneficiaries with higher quality care, while reducing growth in Medicare expenditures through enhanced care coordination. BIDCO has been the top-performing Pioneer ACO in Massachusetts and a national leader in the innovative program since joining in 2012.

### **Beth Israel Deaconess Care Organization**

Beth Israel Deaconess Care Organization (BIDCO) is a value-based, physician and hospital network and an Accountable Care Organization (ACO). With its corporate office located in Westwood, MA, BIDCO offers physician groups and hospitals the structure to contract, share risk, and build care management systems together, with the goal of providing the highest quality care in the most cost-efficient way. To deliver value to patients, commercial payors, and government, BIDCO leverages the shared skills of nearly 2,200 primary care physicians (PCPs) and specialists and numerous community hospitals, including Anna Jaques Hospital, Beth Israel Deaconess Hospital-Milton, Beth Israel Deaconess Hospital-Needham, Beth Israel Deaconess Hospital-Plymouth, the Cambridge Health Alliance, and Lawrence General Hospital. BIDCO has a tertiary affiliation with Beth Israel Deaconess Medical Center. BIDCO was an early adopter of merging global budget accountability with the delivery of high-quality care, and is one of the Pioneer ACOs contracted with the Centers for Medicare and Medicaid Services. For more information, visit [www.bidco.org](http://www.bidco.org).